

MONDAY		Wednesday Night Literature Study		7:00PM-8:00PM		Saturday Night Group		7:00PM-8:00PM	
Mid Day Sanity Club 1-12 1955 Scenic Highway Baton Rouge, LA 70802	12:00PM-1:00PM O	Dr. Martin Luther King Community Center 4000 Gus Young Ave. Baton Rouge, LA 70802		O,NS,LT		Grace Baptist Church 630 Richland Ave Baton Rouge, LA 70806		O,D,WC,NS	
Keep it Simple First Baptist Church Activities Center 824 W Main St New Roads, LA 70760	6:30PM-7:30PM	Off the Rails- LGBTQ+ The Red Shoes 2303 Government St Baton Rouge, LA 70806		7:30PM-8:30PM O,NS					
How it Works St. Patricks Church 12424 Brogdon Lane Baton Rouge, LA 70816	7:00PM-8:00PM O,NS,LT								
We Do Recover MLK Center 4000 Gus Young Ave Baton Rouge, LA 70802	7:00PM-8:00PM O,LT								
TUESDAY		THURSDAY		12:00PM-1:00PM		12:00PM-1:00PM		6:30PM-7:30PM	
Mid Day Sanity Club 1-12 1955 Scenic Highway Baton Rouge, LA 70802	12:00PM-1:00PM O	Choking on a Lifesaver South BR Church of Christ Adult Classroom Bldg 8725 Jefferson Highway Baton Rouge, LA 70809		O,NS,CC		Mid Day Sanity Club 1-12 1955 Scenic Highway Baton Rouge, LA 70802	12:00PM-1:00PM O		
Unity Rangers Zoom Meeting Meeting ID 8837098333 passcode 56789 Baton Rouge, LA 70808	6:30PM-7:30PM O,D,NS,VM	The Cool, Calm Collective St Pauls Lutheran Church Corner of Tara & Old Hammond 2021 Tara Blvd Baton Rouge, LA 70806		O,NS	7:00PM-8:00PM	Mid Day Sanity Club 1-12 1955 Scenic Highway Baton Rouge, LA 70802	12:00PM-1:00PM O		
Miracle on the Bayou Meadows Chapel United Methodist Church 16172 Hwy 73 Prairieville, LA 70769	7:30PM-8:30PM O,D,NS					Phoenix Group Unitarian Church 8470 Goodwood Blvd Baton Rouge, LA 70806	7:00PM-8:00PM O,D		
Unity Rangers University Baptist Church 203 Leeward Dr. Baton Rouge, LA 70808	7:30PM-8:30PM O,D,NS					Spirit of Change St John the Baptist Catholic Church 4727 McHugh Drive (NOT McHugh Rd) Zachary, LA 70791	7:30PM-8:30PM O,D,NS		
Vision of Hope Zachary United Methodist Church 4205 Church St. Zachary, LA 70791	7:30PM-8:30PM O,D,NS								
WEDNESDAY		FRIDAY		12:00PM-1:00PM		12:00PM-1:00PM		7:00PM-8:00PM	
Mid Day Sanity Club 1-12 1955 Scenic Highway Baton Rouge, LA 70802	12:00PM-1:00PM O			O,NS		Mid Day Sanity Club 1-12 1955 Scenic Highway Baton Rouge, LA 70802	12:00PM-1:00PM O		
R U Ready? Broadmoor United Methodist Church Room 204 Education Bldg 10230 Mollylea Drive Baton Rouge, LA 70815	7:00PM-8:00PM O,D,NS					Phoenix Group Unitarian Church 8470 Goodwood Blvd Baton Rouge, LA 70806	7:00PM-8:00PM O,D		
						Spirit of Change St John the Baptist Catholic Church 4727 McHugh Drive (NOT McHugh Rd) Zachary, LA 70791	7:30PM-8:30PM O,D,NS		
SATURDAY		SATURDAY		10:00AM-11:00AM		4:00PM-5:00PM		6:00PM-7:00PM	
		How it Works St. Patricks Church 12424 Brogdon Lane Baton Rouge, LA 70816		O,NS		Welcome Home Club 12 1695 Beaumont St Baton Rouge, LA 70806	4:00PM-5:00PM O,D,NS		
						A New Way of Life O'Brien House Dining Hall 1223 Laurel Street Baton Rouge, LA 70802	6:00PM-7:00PM O,SD,NS,LT,CC		

PHONE NUMBERS

SUGGESTIONS
Don't Use! No Matter What!
Attend Meetings Regularly
90 Meetings in 90 Days
Get Some Literature and read it
Avoid people & places with/where you used
Get and Use a Sponsor
Before using, call someone in N.A.
Keep coming back! It works!

AREA SERVICE COMMITTEE
Meeting is held at 2:00 on the last Sunday of the month. Please contact the N.A. Help Line or Area Website for information on subcommittees and their meeting places.

MEETING LIST FORMAT

LT	(Literature Study) Meeting focuses on the study and discussion of all Narcotics Anonymous approved literature
D	(Discussion) This meeting invites participation by all attendees.
O	(Open) This meeting is open to addicts and non-addicts alike. All are welcome.
SD	(Speaker/Discussion) This meeting is lead by a speaker, then opened for participation by attendees.
WC	(Wheelchair) This meeting is wheelchair accessible.
NS	(No Smoking) Smoking is not allowed at this meeting.
CC	(Chairperson's Choice) Format and/or topic is chosen by the meeting leader
VM	(Virtual Meeting-Online/Phone) Meets Virtually

MEMBERSHIP?

"The only requirement for membership is a desire to stop using" -- N.A. Third tradition

OTHER N.A. HELPLINE NUMBERS

Louisiana Region of N.A.	larna.org
Acadiana Area (New Iberia, Opelousas, Port Barre)	337-406-1300
Lake Charles (Sulphur, Creole, Lake Arthur)	337-439-5753
New Orleans Area (N.O., LaPlace, Norco, Houma)	504-899-6262
North Louisiana Area (Boosier City, Farmerville, Ruston, Shreveport, 800-624-9776 Springhill and surrounding)	
Northshore Area (Hammond, Covington, Greensburg, Amite, Ponchatoula, Slidell, surrounding)	985-867-1587 877-554-8308
Unity Area (Chalmette, Kenner, Metairie, St Mary)	504-889-8840
Mid-Mississippi Area	601-949-9499
Mississippi Gulf Coast Area	866-422-6236
Southern Zonal Forum	szfna.org
NA World Services	817-773-9999 877-554-8308

**If you are a member of Narcotics Anonymous, please feel free to reproduce this list. If you are not, please call the N.A. Help Line for additional lists. Also, please do not stamp or endorse your facility or institution's information on this list.

**N.A. is not affiliated with any other organization, religious groups, treatment or medical facilities. Our groups are fully self-supporting and pay rent for the use of all meeting locations.

"Never alone, never again, in the Bayou Recovery Area of N.A."

January 2026 Meeting Directory



BAYOU RECOVERY AREA NARCOTICS ANONYMOUS

26 MEETINGS WEEKLY SERVING THE PARISHES OF:
East Baton Rouge, Ascension, Iberville, Pointe Coupee.

Louisiana

WHAT IS THE NARCOTICS ANONYMOUS PROGRAM?

N.A. is a nonprofit Fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean.

--Basic Text Fifth Edition, pg 9

**Visit our Website
www.br-na.org
or call our Help Line
225-381-9609**



Scan for Website

Contact us by writing to:
Bayou Recovery Area Service Committee
P.O. Box 1548
Prairieville, LA 70769
Meetings Weekly: 26