MONDAY	
Mid Day Sanity Club 1-12 1955 Scenic Highway Baton Rouge, LA 70802	12:00PM-1:00PM O
Keep it Simple First Baptist Church Activities Center 824 W Main St New Roads, LA 70760	6:30PM-7:30PM
How it Works St. Patricks Church 12424 Brogdon Lane Baton Rouge, LA 70816	7:00PM-8:00PM O,NS,LT
We Do Recover MLK Center 4000 Gus Young Ave Baton Rouge, LA 70802	7:00PM-8:00PM O,LT
TUESDAY	
Mid Day Sanity Club 1-12 1955 Scenic Highway Baton Rouge, LA 70802	12:00PM-1:00PM O
Unity Rangers Zoom Meeting Meeting ID 8837098333 passcode 56789	6:30PM-7:30PM O,D,NS,VM
Baton Rouge, LA 70808	
Miracle on the Bayou Meadows Chapel United Methodist Church 16172 Hwy 73 Prairieville, LA 70769	7:30PM-8:30PM O,D,NS
Unity Rangers University Baptist Church 203 Leeward Dr. Baton Rouge, LA 70808	7:30PM-8:30PM O,D,NS
Vision of Hope Zachary United Methodist Church 4205 Church St. Zachary, LA 70791	7:30PM-8:30PM O,D,NS
WEDNESDAY	
Mid Day Sanity Club 1-12 1955 Scenic Highway Baton Rouge, LA 70802	12:00PM-1:00PM O

R U Ready?
Broadmoor United Methodist Church Room
204 Education Bldg
10230 Mollylea Drive
Baton Rouge, LA 70815

7:00PM-8:00PM

O,D,NS

Wednesday Night Literature Study Dr. Martin Luther King Community Center 4000 Gus Young Ave. Baton Rouge, LA 70802	7:00PM-8:00PM O,NS,LT
THURSDAY	
Choking on a Lifesaver South BR Church of Christ Adult Classroom Bldg 8725 Jefferson Highway Baton Rouge, LA 70809	12:00PM-1:00PM O,D,CC
Mid Day Sanity Club 1-12 1955 Scenic Highway Baton Rouge, LA 70802	12:00PM-1:00PM O
FRIDAY	
Mid Day Sanity Club 1-12 1955 Scenic Highway Baton Rouge, LA 70802	12:00PM-1:00PM O
Phoenix Group Unitarian Church 8470 Goodwood Blvd Baton Rouge, LA 70806	7:00PM-8:00PM O,D
Spirit of Change St John the Baptist Catholic Church 4727 McHugh Drive (NOT McHugh Rd) Zachary, LA 70791	7:30PM-8:30PM O,D,NS
SATURDAY	
How it Works St. Patricks Church 12424 Brogdon Lane Baton Rouge, LA 70816	10:00AM-11:00AM O,D,NS
Welcome Home Club 12 1695 Beaumont St Baton Rouge, LA 70806	4:00PM-5:00PM O,D,NS
A New Way of Life O'Brien House Dining Hall 1223 Laurel Street Baton Rouge, LA 70802	6:00PM-7:00PM O,SD,NS,LT,CC
Saturday Night Group Grace Baptist Church 630 Richland Ave Baton Rouge, LA 70806	7:00PM-8:00PM O,D,WC,NS
SUNDAY	
Welcome Home Club 12 1695 Beaumont Dr. Baton Rouge, LA 70806	4:00PM-5:00PM O,D,NS

How it Works	6:30PM-7:30PM
Unity Church	O,D,NS
15255 Jefferson Highway	
Baton Rouge, LA 70817	
Bayou Plaquemine Daily Reprieve	7:00PM-8:00PM
Episcopal Church of The Holy Communion	O,D,NS
58040 Court St.	
Plaguemine, LA 70764	

PHONE NUMBERS

**If you are a member of Narcotics Anonymous, please feel free to reproduce this list. If you are not, please call the N.A. Help Line for additional lists. Also, please do not stamp or endorse your facility or institution's information on this list.

SUGGESTIONS

Don't Use! No Matter What!
Attend Meetings Regularly
90 Meetings in 90 Days
Get Some Literature and read it
Avoid people & places with/where you used
Get and Use a Sponsor
Before using, call someone in N.A.
Keep coming back! It works!

AREA SERVICE COMMITTEE

Meeting is held at 2:00 on the last Sunday of the month. Please contact the N.A. Help Line or Area Website for information on subcommittees and their meeting places.

MEETING LIST FORMAT

LT	(Literature Study) Meeting focuses on the study and discussion of all Narcotics Anonymous approved literature
D	(Discussion) This meeting invites participation by all attendees.
0	(Open) This meeting is open to addicts and non-addicts alike. All are welcome.
SD	(Speaker/Discussion) This meeting is lead by a speaker, then opened for participation by attendees.
WC	(Wheelchair) This meeting is wheelchair accessible.
NS	(No Smoking) Smoking is not allowed at this meeting.
CC	(Chairperson's Choice) Format and/or topic is chosen by the meeting leader
VM	(Virtual Meeting-Online/Phone) Meets Virtually

MEMBERSHIP?

"The only requirement for membership is a desire to stop using" -- N.A. Third tradition

OTHER N.A. HELPLINE NUMBERS

Louisiana Region of N.A.	larna.org
Acadiana Area (New Iberia, Opelousas, Port Barre)	337-406-1300
Lake Charles (Sulphur, Creole, Lake Arthur)	337-439-5753
New Orleans Area (N.O., LaPlace, Norco, Houma)	504-899-6262
North Louisiana Area (Boosier City, Farmerville, Ruston, Shreveport, Springhill and surrounding)	800-624-9776
Northshore Area (Hammond, Covington, Greensbueg, Amite, Ponchatoula, Slidel, surrounding)	985-867-1587 877-554-8308
Unity Area (Chalmette, Kenner, Metarie, St Mary)	504-889-8840
Mid-Mississippi Area	601-949-9499
Mississippi Gulf Coast Area	866-422-6236
Southern Zonal Forum	szfna.org
NA World Services	817-773-9999 877-554-8308

October 2025 **Meeting Directory**



BAYOU RECOVERY AREA NARCOTICS ANONYMOUS

24 MEETINGS WEEKLY SERVING THE PARISHES OF: East Baton Rouge, Livingston, Ascension, Iberville.

Louisiana

WHAT IS THE NARCOTICS ANONYMOUS PROGRAM?

N.A. is a nonprofit Fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean.

--Basic Text Fifth Edition, pg 9

Visit our Website www.br-na.org or call our Help Line 225-381-9609



Contact us by writing to:
Bayou Recovery Area Service Committee
P.O. Box 1548
Prairieville, LA 70769
Meetings Weekly: 24

^{**}N.A. is not affiliated with any other organization, religious groups, treatment or medical facilities. Our groups are fully self-supporting and pay rent for the use of all meeting locations.

[&]quot;Never alone, never again, in the Bayou Recovery Area of N.A."