

Bayou Recovery Area Minutes

June 23, 2019

Bayou Recovery Area Contact List

Name	Position	Email Address	Phone
Ryan S.	Chair	[REDACTED]	[REDACTED]
Donovan C.	Vice-Chair	[REDACTED]	[REDACTED]
Elmore B.	Area Service Representative	[REDACTED]	[REDACTED]
	Area Service Representative Alternate		
Elmore B.	Hospitals & Institutions Chair	[REDACTED]	[REDACTED]
James S.	Secretary	[REDACTED]	[REDACTED]
Bob Si.	Treasurer	[REDACTED]	[REDACTED]
Joel V.	Policy Chair	[REDACTED]	[REDACTED]
Steven W.	Activities Chair	[REDACTED]	[REDACTED]
Vic M.	Group Supply	[REDACTED]	[REDACTED]
Bob St.	Outreach Chair	[REDACTED]	[REDACTED]
Brandon D.	Public Relations Chair	[REDACTED]	[REDACTED]
Allison L.	Public Relations Vice-Chair	[REDACTED]	[REDACTED]

Cynthia P.	GSR, A New Way of Life	[REDACTED]	[REDACTED]
Joel V.	GSR, Another Chance	[REDACTED]	[REDACTED]
Harry D.	GSR, Fellowship Group		
Chris H.	GSR, How it Works	[REDACTED]	[REDACTED]
Pixie S.	GSR, Miracle on the Bayou	[REDACTED]	[REDACTED]
Shelley W.	GSR-A, Miracle on the Bayou		
Jeremy J.	GSR, New Beginnings	[REDACTED]	[REDACTED]
Jennifer	GSR-A, New Beginnings		
Chris B.	GSR-A, New Beginnings		
Brandon D.	GSR-A, Open Minded	[REDACTED]	[REDACTED]
Corey C.	GSR, Radical Changes	[REDACTED]	[REDACTED]
Bob St.	GSR, Recovery Ninjas	[REDACTED]	[REDACTED]
Jason H.	GSR-A, Recovery Ninjas	[REDACTED]	[REDACTED]
Billie F.	GSR, Saturday Night Group	[REDACTED]	[REDACTED]
Kristine M.	GSR, Unity Rangers		

Nancy S.		[REDACTED]	[REDACTED]
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Action Items

1. Area Midterm Elections for 2019:

A person can be nominated and voted on the floor at the same area. Midterm nominations do not have to go back to groups. Nominees must be present at the July 28 area to be considered.

Open positions:

Area Service Representative- Alternate

Requirements:

- A suggested minimum of two years clean.
- One year service experience at the Area level.

Duties:

- Attends all regular area and regional service committee meetings.
- Performs the duties of the ASR in their absence.
- ASR Alternate is a two-year term, with the first year as Alternate and the second year as the ASR. The ASR Alternate automatically becomes ASR when ASR becomes vacant.

2. Quorum:

At least six active groups needed for July 28 ASC.

- GSRs from 11 unique groups attended the May and June ASCs combined. Quorum for July ASC will be reached if at least six of those active groups are present at roll call.
- Once quorum has been met and ASC is open, any inactive groups present at the July ASC will become active and eligible to vote at the July ASC. Any active group absent from ASC for two consecutive months will become inactive.

Current list of active groups:

- A New Way of Life
- Another Chance
- Fellowship Group
- How It Works
- Miracle on the Bayou
- New Beginnings
- Open Minded Group
- Radical Changes
- Recovery Ninjas
- Saturday Night Group
- Unity Rangers

3. Motions:

- 19/04-006 (tabled for secretary update)
- Allison will create motion to add policy for adding and removing groups

4. Other:

- Jefferson Manor Nursing Facility meeting/presentation update.
- H&I annual budget update.

2019 Area Meeting Schedule

January 27	July 28	2:00 pm
February 24	August 25	
March 24	September 22	Francis Asbury Church
April 28	October 27	15447 Old Hammond Hwy
May 26	November 24	Baton Rouge LA 70816
June 23	December 22	

Birthdays

Member	Clean date	Location	Celebration date
Kyle K.	06.07.2018	Unity Rangers	07.30.2019
Dani	07.23.2008	Unity Rangers	07.30.2019
Chris H.	07.02.2018	How It Works	07.08.2019
Mark	Not given	Recovery Ninjas	TBA
Leah	Not given	Recovery Ninjas	TBA

Bayou Recovery Area Minutes

06.23.2019

Area meeting called to order
12 traditions, purpose of ASC read
Roll Call (see ASC roll call), quorum reached.
Minutes from last month, read by members, motion to accept passed 7/0/0.

Administrative Reports

Chair report: No report.

Vice Chair report: No report.

ASR report:

Regional meeting July 6-7 in Covington. Saturday Slidell Evangelical Lutheran Church event. Will accept Region donation, but Treasurer is absent. If anyone has anything they want to know from Region, please let Elmore know and he will inquire.

ASR-A report: Vacant

Secretary report: Absent.

Treasurer's report: Absent, but report provided.

Summary: Balance of \$2486.28 as of 06.13.19. Will be filing with Secretary of State in June.

Committee Reports

Activities report:

Summary: Game Night produced \$122 over budget. Midsummer Night of Fun is next activity, with save-the-date flyers posted to website.

H&I report: Vacant

Group Supply report:

We spent \$357.55 last month on literature.

Policy report: Absent.

Outreach report:

Summary: Looked over minutes from past nine months to find out which groups have been represented at area and will be visiting the groups with low attendance over the next two months. Will be absent July area.

Public Relations report:

Summary: No meeting lists (because James forgot!!). New meeting Tuesday nights on Serenity club in Denham Springs. What is the procedure to add/delete meetings? Removing through outreach, adding in New Business. No orders this month. Radio PSA's ready and contacting radio stations. Some confusion with Lamar, more info next month. Bus bench too expensive. Website and Helpline analytics in report show over 4000 unique users. FAQ page on site – if anyone has suggestions email Allison and she will bring it to next PR meeting.

Group Reports:

A New Way of Life: Cynthia P. GSR. Meeting location: O'Brien House. Business meeting held: Last Saturday of the month. Area donation: \$30.00, Literature order: \$120.00. Vacant positions: Yes. Average attendance: 20-25. Problems or situations: None. Birthdays: None reported.

Fellowship Group: Vic M. GSR. Meeting location: Lutheran Church Our Savior. Business meeting held: Yes. Area donation: \$0.00, Literature order: \$0.00. Vacation positions: No. Average attendance: 10. Problems or situations: None. Birthdays: None reported.

How it Works: Chris H. GSR. Meeting location: St. Patrick's Church. Business meeting held: Yes. Area donation: \$194.01, Literature order: \$0.00. Vacation positions: No. Average attendance: 15. Problems or situations: None. Birthdays: Chris H. 1 year.

Miracle on the Bayou: Pixie S. GSR. Meeting location: Meadows Chapel United Methodist, Business meeting held: No. Area Donation: \$100.00, Literature Order: \$0.00. Vacant group positions: None. Average attendance: 13. Problems or situations: None. Birthdays: None reported.

New Beginnings: Chris B. GSR-A. Meeting location: Serenity Club (Tues Thurs 6pm). Business meeting held: First Thursday. Area donation: \$0.00. Literature order: \$0.00. Vacant positions: None. Average attendance: 8-10. Problems or situations: None. Birthdays: None reported.

Radical Changes: Corey C. GSR. Meeting Location: Francis Asbury United Methodist Church. Business meeting held: Thursday before area. Area donation: \$0.00, Literature order: \$0.00. Vacant group positions: None. Average attendance: 4-6. Problems or situations: None. Birthdays: None reported.

Recovery Ninjas: Bob S. GSR-A. Meeting Location: Grace Baptist Church. Business meeting held: Area donation: \$0.00, Literature order: \$0.00. Vacant group positions: Average attendance: 12-15. Problems or situations: None. Birthdays: Mark and Leah soon.

Unity Rangers: Kristine M. GSR. Meeting location: University Baptist Church. Business meeting held: 6-18-19. Area Donation: \$0.00. Literature Order: \$3.40. Vacant group positions: yes. Average attendance: 15-20. Problems or situations: None besides money stolen two months ago. Birthdays: Kyle K 1 year 06.07. Dani 11 years 07.23. Celebrate July 30.

Area Service Elections/Nominations for 2019 year:

ASR-Alt: open

H&I: Elmore nominated and elected.

Please bring nominations back to groups for voting at the July ASC.

Old Business:

19/05-008p

Discussion: Area recently updated the guidelines to change H&I literature max request to a sliding amount, up to half of area donations, and this motion is to address how we determine the amount, specifically by voting monthly on what they can have. Recovery Ninjas expressed their opinion that H&I should have a budget just like other groups.

Note: this motion was canceled by 19/06-010p.

19/05-009p

6F/00/2A Passed

New Business:

Process of adding and removing meetings: Allison is to develop a motion next month to update policy.

Discussion – adding meetings: PR Committee maintains meeting list which may include any functioning meeting in the geographic Bayou Recovery Area. Outreach assists new groups in getting started. Adding a second day to an existing meeting isn't the issue. It's the calls from people asking to add new meetings. If person responsible for starting a new meeting calls Allison, then Allison asks if it is an NA meeting which follows NA traditions and they say yes, she encourages them to come to Area and she adds to meeting list. If there's a report that it's not, then Outreach checks them. If they do not show at Area, then Outreach checks up. Third party or someone who's heard about the meeting list, then have the GSR or founder of that meeting should get in touch with her. Or show up at Area and set up meeting. Because we carry both GBR and BR area meetings on our list, it was discussed that new meetings do not have to attend area to get started, if the founder or GSR is our direct contact.

Discussion – removing meetings: Removal of meetings either requires the GSR or founder to contact PR to remove meeting, or for outreach to verify the meeting isn't running and bring to Area. If the meeting in question is outside our area, we contact the meeting's area to advise.

Region request for literature:

Some discussion about asking Region for money for H&I literature eventually concluded it was the Area's responsibility and not the Region's to provide H&I's funds for literature.

Jefferson Manor Nursing Facility:

Inpatient nursing home is requesting a presentation or NA meeting. Depending on which, PR or H&I will get involved.

Regional Donation:

10% of unencumbered funds = 10%(current balance – prudent reserves + donation and literature):

10%(2486.28 - 900 + 446.01) = 203.23 (\$203.30 donated)

Secretary's note: my totals of donation and literature don't match what was stated in the meeting. I used the GSR reports which totaled \$447.41.

19/06-010p:

Motion: H&I will develop an annual budget.

Intent: Financial responsibility and good planning.

Maker: Bob S

Second: Kristine M

Motion to vote on floor: 7F/00/0A Pass

7F/00/0A Motion passes. This cancels other motion 19/05-008p

Final Treasurer's Report:

Started with balance of \$2486.28. We have total Donation and Literature of \$446.01.

We paid \$25.00 rent, \$203.30 Region donation, \$150.00 for H&I literature and \$100.00 to ASR for travel expenses.

This leaves a balance of \$2453.99.

Secretary's note: Meeting notes stated \$2453.91, and if donation amount is 447.41, then total should be \$2455.39. Or maybe I can't math.

Final Roll call.

Motion to close, passed

In Loving Service,
James S.

Activities Report
June 23, 2019

Hi Family!

First and foremost, thank you so much to all who attended, participated or assisted with our last function, "GAME NIGHT." We raised \$122.00 over our budget and the evening was a blast!

Our next activity, "Midsummer Night of Fun," is set for August 10th. Speakers and venue have not yet confirmed, but "save the date" flyers are currently being distributed. They'll also be uploaded to our Regional and Area websites... soon.

ILS,
Steven W.

Bayou Recovery Area NA Treasurers Report

June 23, 2019

Greetings from your treasurer

Things have been OK in the world of the treasurer. We currently have a balance of \$2,486.28 as of 06/13/19. We currently have one outstanding check. We have had 4 transactions since the last Area meeting. One deposit for \$569.84 and 2 checks (see accounts page) and one check transfer to the Florida Regional service office.

By now you've probably noticed that I'm not here right now. I had business in New York and Ohio and my flight doesn't land until 3:00pm, sorry. I did however let Ryan know and sent a report. Hopefully he will appoint someone to collect money and record the amounts. Ives sent a copy of the bank account information, a treasures report and a spreadsheet.

We had donations of \$154.04 and literature orders of \$85.80, we also had a donation from the PR subcommittee fundraiser in the amount of \$355.00. and sent \$90.15 in literature to H&I. I paid Corey \$25.00 for the rent. Our total deposit was \$569.84. I will be filing with the Secretary of State in June; I believe the fee is \$25.00 . See you next month

In Service

Bob S



HANCOCK WHITNEY

Community Resource
****4212

Available Balance: \$2,486.28 as of 06/13/2019



Current Balance: \$2,486.28 as of 06/13/2019

Transactions 1 - 3

Pending Transactions

This account has no pending transactions.

Posted Transactions

Date	Description	Amount	Balance
06/12/2019	FLARSO FLORIDA RSO 061219	-\$357.55	\$2,486.28
06/03/2019	DEPOSIT 0000000000 	+\$569.84	\$2,843.83
05/31/2019	DDA CHECK 0000001072 	-\$200.00	\$2,273.99

Public Relations Subcommittee Report for Area June 23, 2019

Monetary Requests: Meeting list printing cost to James S. (250 qty)

Meeting Lists:

- We are only printing meeting lists as needed. This month only 250 lists have been requested. No lists were requested last month.
- **New Meetings:** What is the process for adding or removing a meeting from the meeting list? I was told there was a new meeting in Denham Springs on Tuesday nights 6-7pm at the Serenity Club which is an extension of the Thursday night group but I have not added to the meeting list yet. Please explain procedure to follow for adding or removing meetings.

Business Cards & Posters

We have plenty. No need to reorder at this time.

Library Literature Distribution

None needed this month.

LSU & BRCC & Southern University

Ongoing attempts at establishing relationships with the Universities and Colleges.

Radio PSA

3 Radio PSAs are ready for distribution at local radio stations in the BR area. I am currently in the process of making contact with radio stations for the cost of airplay if any. I can play the PSAs for you if you like.

Outdoor Advertising

Billboards:

I contacted Lamar advertising for information on outdoor billboards for our PSA Posters. I forwarded the information to the Regional PR person, Richard T, who came to BR to meet with Austen Simms from Lamar. Austen said Lamar could give us a poster sized billboard (10'x22' on a secondary road) for a \$100 production cost of vinyl. Our PSA would be placed on their unsold inventory locations (their choice) until such time the space sells or the vinyl falls apart. The space could be sold in a week or a month or never. Our PSA stays there as long as the vinyl lasts or location sells. According to Richard the single cost of \$100 was what Lamar agreed to. When I contacted Austen this past week he said that it was \$100 for the vinyl and a flat 350 for the space rental until such time it sells. With paying space rental we are guaranteed a

minimum of 30 days. I forwarded the information about my discussion with Lamar to Richard and he said he was going to call and talk to Austen again because that is not what he understood Lamar was offering. I am waiting to hear from Richard before making a motion to requesting money from Area. When we thought the billboards were going to be \$100 each, the PR Sub-Committee wanted to put up 1 per month for the next 3 months. That would use most of the money the PR Subcommittee raised at the Waffle Breakfast. However, we will put this on hold this month until we can work it out with Lamar on definitive terms.

Bus Benches:

I contacted Southern Outdoor and Briggs Advertising about bus bench painting. It costs 200 for production/painting and 150 month in bench space rent. That's 350.00 to get a single bus bench up and going. According to the people at Briggs and Southern, CATS now controls the advertising for a lot of bus and bus bench and has brought it inhouse. PR Committee decided to focus our funds elsewhere.

Website & Helpline/Phoneline: (See Statistics Page Attached)

Attached is a page of website and helpline statistics since January 2019. The website and helpline are the infrastructure of Public Relations. Poster days, helpline call, PSAs for Radio and Outdoor, business cards, meeting lists, etc. all have our phone number and website address on them. Hopefully both systems will become a vital link for information for members, potential members, and the general public.

The newest thing discussed concerning the website is the need for an FAQ page. FAQs are frequently asked questions and *is a resource used when interacting with the general public and to help trusted servants provide clear, consistent, and informative responses.* (na.org) This would be a new webpage (s) within the website that would answer commonly asked questions or clear misinformation about NA. It would make explain what NA is and isn't. What it does and doesn't do. Differences between AA and NA, Meeting formats etc... Members of the PR Subcommittee were asked to generate some of their own FAQs and bring them to the next meeting. I have a couple **samples attached**. If Area has any suggestions we would love to hear them.

Fund Raising: The PR Subcommittee raised \$375.00 from the Waffle Breakfast last month. \$20.00 was donated to the church and 355.00 was given to Area last month. We do have plans for a 2nd fundraiser but nothing definite yet. Possible a coffee and coffee mug event.

In Service: Allison L: Vice Chair PR Subcommittee

Helpline Statistics as of June 19, 2019

Month	Number Calls
January 2019	57
February 2019	81
March 2019	76
April 2019	45
May 2019	64
June 2019 (as of June 18)	42
Total	365

Cost of Twilio/Yap is approximately \$10.00 per month versus \$48.00 per month for old cell phone. Saving about 456.00 per year by using Twilio/Yap combo. I have a sample bill if anyone wants to see it.

BR-NA.ORG Website Statistics as of June 2019

- Web Search: Google Ranking: **#4 on 1st page**. This is an indicator of visibility and credibility.
- | Month | Visits | Page Views |
|------------|--------|------------|
| Jan 2019 | 2058 | 7818 |
| Feb 2019 | 2408 | 3764 |
| March 2019 | 4162 | 8186 |
| April 2019 | 4300 | 12,077 |
| May 2019 | 5108 | 9869 |
| June 2019 | 2536 | 3742 |
| Total | 20,664 | 46,397 |
- Since January 2019, we have had 4,336 unique visitors to our website. (doesn't count multiple visits by same person/computer)
- These statistics come from the server hosting our website. Previous Website Statistic reports were incorrect. Google Analytics wasn't set up until April 2019.

Is NA for me? This is a question every potential member must answer for themselves. It may help to read some of our informational pamphlets, starting with "Am I an addict?" and "Welcome to NA". If you're an addict, NA can help. "Narcotics Anonymous offers recovery to addicts around the world. We focus on the disease of addiction rather than any particular drug. Our message is broad enough to attract addicts from any social class or nationality. When new members come to meetings, our sole interest is in their desire for freedom from active addiction and how we can be of help." (*It Works: How and Why*, "Third Tradition") If you're planning to attend your first meeting, you may also be interested in IP #29, "An Introduction to NA Meetings."

What is the difference between AA and NA? AA helped start NA in 1953 by giving NA's founding members permission to adapt their traditions and steps. The primary difference between the two programs is that AA's focus is alcohol and alcoholism, whereas NA's focus is recovery from addiction. In NA we believe that use of drugs, including alcohol, is but a symptom of the disease of addiction.

How can I find NA meetings in my neighborhood or in various countries around the world? The easiest way to find NA meetings is by visiting NA World Services website, www.na.org. Since our members provide the data for the meeting locator, we cannot guarantee the information is completely accurate (some meetings may have changed locations, for example). Contacting local area and regional helplines or websites (also listed at www.na.org) will often provide more accurate meeting information.

Are most of your members heroin addicts? When NA first started, it is possible that the majority of our members used heroin. Today, as indicated in our Membership Survey, our members use a variety of drugs, including alcohol. Interestingly, 89% of those surveyed list alcohol as one of the drugs used on a regular basis. This survey also provides information about employment status, occupation, gender, and age. Our basic tenet about addiction is that it is a disease and not related to a specific substance.

What support does NA have for adolescents? Adolescents are welcome at all NA meetings. If there are meetings in a local NA community specifically designated for young people, the meeting schedule will identify those meetings as such. Although any NA member is welcome at any NA meeting, specially designated youth meetings can help younger addicts find their peers.

What kinds of literature and recovery materials do you have, and how can I obtain these? NA has five book-length pieces: Narcotics Anonymous, Basic Text *It Works: How and Why*, which contains essays about the Twelve Steps and Twelve Traditions *Just for Today: Daily Meditations for Recovering Addicts* *Sponsorship* *The NA Step Working Guides*, a companion piece to *It Works: How and Why*. We also have a host of informational pamphlets, booklets, and a quarterly journal called *The NA Way Magazine*. All of our literature and recovery materials can be obtained directly from www.na.org or by contacting the local NA area or region.

How can we schedule an NA presentation? please provide us with your contact information and we will arrange for a presentation with you.

Is someone who is still using drugs welcome to attend NA meetings? Yes, they are more than welcome to attend meetings. Many of our members actually came to meetings while still using drugs and are now drug-free and recovering today. Often, if a member is still using, he or she will be asked to refrain from speaking during a meeting. Instead, these addicts are encouraged to speak with members during break or before or after the meeting.

What resources do you have for single parents? Are children welcome at meetings? Most groups welcome children who are behaved and under the supervision of a parent. Sometimes a group will offer babysitting services for its members. Contact the local NA helpline for additional information or look for meetings in the local NA meeting directory that indicate childcare or that the group is children-friendly.

Is NA connected with any religious organizations? No. The NA program is based on a set of spiritual principles that are not associated with a particular religion. Although our steps call for finding and believing in a "power greater than oneself," this is a personal decision for each and every member to make. Members choose their own "power greater than themselves." Members' beliefs range from nature to organized religion, from no belief that a power exists, to belief in the power of inanimate objects such as rocks. Members are free to choose a belief that works for them personally, and there is no opposition to anyone's choice within the fellowship. We perceive this to be a strength of our program — the unconditional freedom members have with choosing their own personal belief — and in NA meetings one can hear members state that this was an attractive and safe aspect of the fellowship. NA doesn't oppose or endorse any religion. Experience of our members has shown that the spiritual principles work for all members, from the devoutly religious to the atheist and agnostic.

BRASCNA
MOTION FORM

Policy: Money: None: Order rec'd: Motion No.: 19/06-010A

MOTION: (required)

H&J will develop an
annual Budget

INTENT: (required)

Financial Responsibility +
good planning

Maker: Paul S.

Second: Chris B.

OUTCOME:

Favor: 7

Opposed: 0

Abstain: 0

Pass: 7
Fail: 0

Refer to Committee: _____

Tabled to: _____

Bayou Recovery Service Area Resume

Name: ELMORE B	Clean Date: 17 Nov 11
Position: H & I	Phone: <div style="background-color: black; width: 100%; height: 20px;"></div>
Email Address: elmorbearley@gmail.com	

Service Experience: (list positions and approximate dates served)

Group Service: SEC & GSR
Area Service: H & I ASRA ASR
Regional Service:
World Service:

Have you failed to complete, or have you been removed from a position in the past five years? NO

Please explain: _____

Have you read the guidelines for your position? yes

Do you meet the suggested clean time requirements? yes

Do you have, and are you willing to make the necessary commitment of time and resources to meet the service position to which you have been nominated? yes

Please give to ASC secretary for inclusion in the minutes.